THE FRANKLIN COUNTY BOARD OF SUPERVISORS HELD A BOARD RETREAT ON WEDNESDAY, DECEMBER 2, 2015, @ 1:00 P.M., IN THE BOARD OF SUPERVISORS MEETING ROOM LOCATED IN THE GOVERNMENT CENTER, 1255 FRANKLIN STREET, SUITE 104, ROCKY MOUNT, VIRGINIA.

THERE WERE PRESENT: Cline Brubaker, Chairman

Charles Wagner, Vice-Chairman

Bob Camicia
Ronnie Thompson
Leland Mitchell
C. B. Reynolds
Bobby Thompson

OTHERS PRESENT: Tommy Cundiff, Supervisor Elect

Tim Tatum, Supervisor Elect

Brent Robertson, County Administrator

Christopher Whitlow, Deputy Co. Administrator

Linda Ferguson, Facilitator Sharon K. Tudor, MMC, Clerk

Cline Brubaker, called the meeting to order.

Linda Ferguson, Facilitator, introduced herself and welcomed all to the Board Retreat.

Brent Robertson, County Administrator, welcomed the Board and began to briefly bring the Board up to date with the review and various successes of the 2013 Strategic Plan. .

Brent Robertson, reviewed the following Strategic Planning Process from 2012:.

BOS Strategic Planning - Prior November 29, 2012

- Developed "core vision" statements
- ▶ Identified Strategic Outcome Areas
- ▶ Established short-term goals (2-3 years)
- ▶ Environmental Scan

CARILION FRANKLIN MEMORIAL HOSPITAL

Bill Jacobson, CEO, Carilion Franklin Memorial Hospital, shared with the Board the following PowerPoint as related to successes resulting from Carilion's Strategic Planning:



Franklin County Board of Supervisors Retreat

Wednesday, December 2, 2015

Bill Jacobsen Vice President, Carilion Clinic Administrator, Carilion Franklin Memorial Hospital Friday, November 23, 2015





• • • Mission, Values, and Vision

Our Mission

Our Values

o Improve the health of the communities we serve



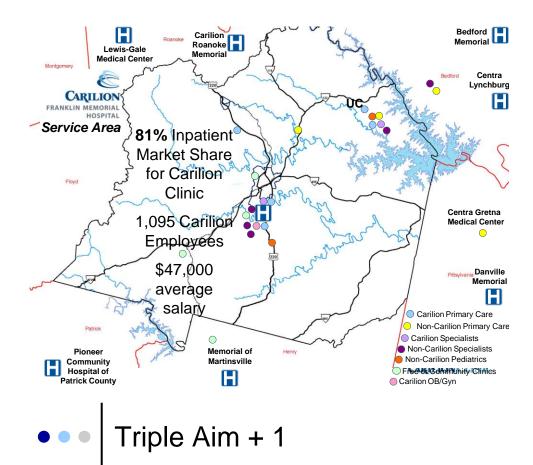
o For Carilion Clinic:

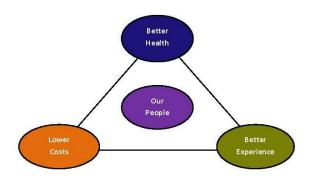
- CommUNITY: Working in unison to serve our community, our Carilion family and our loved ones.
- Courage: Doing what's right for our patients without question
- Commitment: Unwavering in our quest for exceptional quality and service
- Compassion: Putting heart into everything we do
- Curiosity: Fostering creativity and innovation in our pursuit of excellence

Our Vision

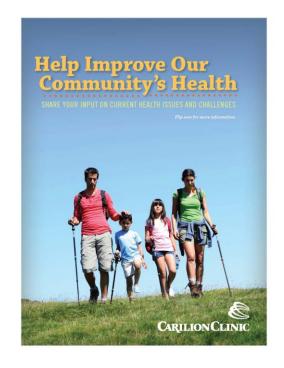
 We are committed to a common purpose of better patient care, better community health and lower cost.

















- CDC Grant. \$1.2 million over the next four years to implement lifestyle health programs and activities in Franklin County, Henry County, Martinsville and Patrick County.
 - Two highly skilled personnel hired in Franklin County
- o Implementation Plan 2016-2018 Draft
 - WIN! Wellness Program 6 week program strong nutrition
 - TRU Fit Program Body Analysis Group YMCA Memberships
 - Healthy West Piedmont Lifestyle health program
 - **Employee Health Programs**
 - Community Giving Gardens
 - Restaurant Collaboratives
 - Public School System Engagement
 - Free Clinic lifestyle health
 - Public Library Outdoor learning, reading, Bookmobile snacks
 - Sticker Program to recognize people who adopt for healthy living

guidelines



Our Model for Excellence









At Carilion Franklin Memorial Hospital (CFMH), we hold the patient at the center of all we do, and we fully embrace and pledge to keep our Carilion Clinic values of CommUNITY, Courage, Commitment, Compassion and Curiosity. In keeping with those values, we now choose to establish expectations, which are expressed below. Let's call these our Family "house rules" or what life looks like at CFMH.

AS A REPRESENTATIVE OF CARILION CLINIC AND CFMH I WILL . . .

- AS A REPRESENTATIVE OF CARILLON CLINIC AND CFMH I WILL...

 Display compassion and empathy for every patient/family and refrain from attaching "labels" or stereotypes

 Practice the AIDET principles (Acknowledge, Introduce, Duration, Explanation, Thank You) in all interactions

 Address our customer's concerns by using HEAL:

 Hear them out

 E: Empathize

 A: Apologize (I'apologize for your long wait, can I get you a blanket')

 L: Leap into action to solve the problem

 Be positive, supportive of change, flexible, willing to pitch in to help coworkers, and set others up for success

 Practice the 510 rule, speak to any person within 5 feet and acknowledge

- Practice the 5/10 rule, speak to any person within 5 feet and acknowled anyone within 10 feet. I will listen attentively, make eye contact, and not interrupt

IN FRONT OF A PATIENT OR VISITOR, I WILL NEVER . . .

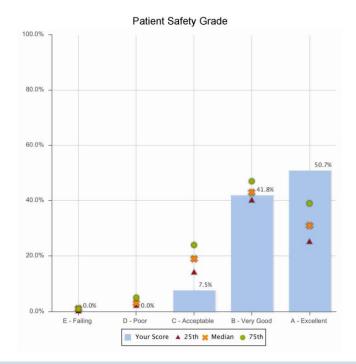
IN ALL CIRCUMSTANCES, I WILL

- Refrain from negative conversations / gossip
 Respect my co-workers by adhering to policies on attendance, tardiness and usage of company time

These non-negotiables were developed due to the potential consequences these behaviors may have on our patients, visitors and co-workers. Violations will result in the use of the progressive disciplinary process up to and including separation from employment depending on frequency and severity of the violation. Note: Our non-negotiables are not intended to modify or replace standards and expectations as outlined in the Carillon Clinic Code of Excellence and in Carillon Clinic / CFMH policies, procedures, and guidelines.

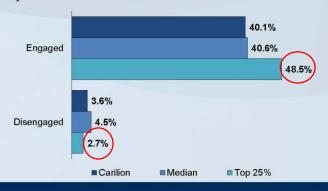
I understand and embrace the non-negotiable behaviors as presented here and will adhere to and uphold them.

Developed by CFMH Leadership in coordination with Human Resources



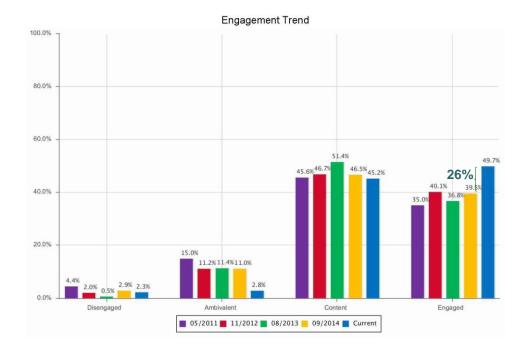
Achieving Best-in-Class Engagement

- Closing the gap to the 75th percentile (top 25%) would position us in the top 125 healthcare organizations in the Advisory Board cohort
- 2-4 year timeframe to achieve









Joint Commission Composite Score over time



Healthcare Acquired Infections (HAIs) FY2015

Carilion Franklin Memorial Hospital WHOLEHOUSE Infection Prevention and Control FY2015 Indicators	OCT-14	NOV-14	DEC-14	JAN-15	FEB-15	MAR-15	APR-15	MAY-15	JUN-15	JUL-15	AUG-15	SEP-15	
Central Line Associated Bloodstream Infection Rate	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
	0	0	0	0	0	0	0	0	0	0	0	0	
	31	32	37	55	35	29	36	40	22	59	50	52	
Catheter Associated Urinary Tract Infection Rate	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
The state of the s	0	0	0	0	0	0	0	0	0				
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Ventilator Associated Event (VAE) Rate	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		7 F	ΞR	O
	0	0	0	0	0	0	0	0	0				
	4	6	2	11	10	6	10	6	1				
Probable Ventilator Associated Pneumonia Rate	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		ш	11	
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	4	6	2	11	10	6	10	6	1		,		•
Surgical Site Infection Rate (Inpatient)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
	0	0	0	0	0	0	0	0	0	0	0	0	
	18	21	23	18	16	23	20	12	32	17	19	15	
MRSA Healthcare Associated Infection Rate (Inpatient)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
numerator	0	0	0	0	0	0	0	0	0	0	0	0	
denominator	503	471	561	602	469	500	434	406	432	409	401	379	
C-Diff Healthcare Associated Infection Rate (Inpatient)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
numerator	0	0	0	0	0	0	0	0	0	0	0	0	
denominator	503	471	561	602	469	500	434	406	432	409	401	379	
Hand Hygiene Compliance Rate	95.45%	100.00%	97.32%	99.35%	97.78%	99.47%	98.60%	98.77%	98.28%	98.25%	97.60%	98.40%	
	105	151	145	152	132	186	141	161	171	224	163	185	
	110	151	149	153	135	187	143	163	174	228	167	188	

CARILIONCLINIC

			FY2013 Readmission	FYZ014 Readmission	FY2015 Readmission	FY2016 Readmission
Hospital	Gty	State	Penalty	Penalty	Penalty	Penalty
AUGUSTA HEALTH	FISHERSVILLE	VA	0.00%	0.00%	0.00%	0.00%
ASTERN STATE HOSPITAL	WILLIAMSBURG	VA	0.00%	0.00%	0.00%	0.00%
NOVANT HEALTH HAYMARKET MEDICAL CENTER		VA	Not Assessed	Not Assessed	Not Assessed	0.00%
RIVERSIDE DOCTORS' HOSPITAL OF WILLIAMSBUI	WILLIAMSBURG	VA	Not Assessed	Not Assessed	0.00%	0.00%
SENTARA HALIFAX REGIONAL HOSPITAL	HALIFAX	VA	0.23%	0.02%	0.04%	0.00%
SENTARA NORFOLK GENERAL HOSPITAL	NORFOLK	VA	0.28%	0.00%	0.00%	0.00%
WESTERN STATE HOSPITAL	STAUNTON	VA	0.00%	0.00%	0.00%	0.00%
INOVA FAIRFAX HOSPITAL	FALLS CHURCH	VA	0.05%	0.01%	0.03%	0.01%
BON SECOURS MARYVIEW MEDICAL CENTER	PORTSMOUTH	VA	0.61%	0.22%	0.32%	0.05%
SENTARA LEIGH HOSPITAL	PIUDEUI R	WA	0.13%	0.15%	0.02%	0.06%
BEDFORD MEMORIAL HOSPI				1000		0.07%
BON SECOURS MEMORIAL RI	Γ	⊣ r	anke	ー・イン tn		0.09%
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SENTARA PRINCESS ANNE HC	ハロコし	UI	74 hc	Jopila	13	0.14%
SENTARA RMH MEDICAL CEN						0.18%
SENTARA CAREPLEX HOSPITA			-1 -1 0	000/		0.23%
ENTARA OBICI HOSPITAL	POPP	Q _D	d at 0	11144		0.23%
CARILION NEW RIVER VALLE	10000	JU	uall	λ	,	0.25%
FIRSINIA HOSPITAL CENTER						0.27%
WIN COUNTY REGIONAL HC			بريدا حسي			0.28%
IVERSIDE REGIONAL MEDIC		ne	nalty			0.29%
INVERSIDE SHORE MEMORIA		ρ υ	ricarty			0.29%
YTHE COUNTY COMMUNIT		-				
AT THE COUNTY CONTINUED TO THE COUNTY CONTINUED TO THE COUNTY CONTINUED TO THE COUNTY						0.30%
	NORTON	VA	0.75%	1.02%	1.02%	0.31%
NORTON COMMUNITY HOSPITAL	NORTON ALEXANDRIA	VA VA	0.75%	1.02%	1.02%	
NORTON COMMUNITY HOSPITAL NOVA MOUNT VERNON HOSPITAL						0.31%
NORTON COMMUNITY HOSPITAL NOVA MOUNT VERNON HOSPITAL CARILION TAZEWELL COMMUNITY HOSPITAL	ALEXANDRIA	VA	0.23%	0.15%	0.29%	0.31% 0.34%
NORTON COMMUNITY HOSPITAL NOVA MOUNT VERNON HOSPITAL CARILION TAZEWELL COMMUNITY HOSPITAL WARY WASHINGTON HOSPITAL, INC.	ALEXANDRIA TAZEWELL	VA VA	0.23% 0.58%	0.15% 0.37%	0.29%	0.31% 0.34% 0.38%
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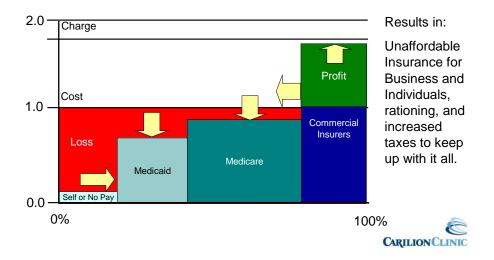
From CMS Benchmarking Site (April 25, 2015 release from Hospital Compare)

Carilion Franklin Memorial Hospital has the:

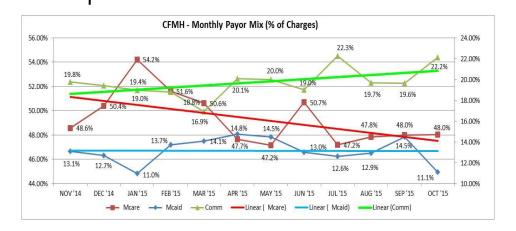
- 2nd-most patients who reported that their room and bathroom were always clean (82%) of the 86 Virginia hospitals.
- 4th-lowest rate of readmission after discharge from hospital (hospital-wide) (14.4%) of the 86 Virginia hospitals.
- 10th-lowest rate of unplanned readmission for chronic obstructive pulmonary disease (COPD) patients (19.7%) of the 86 Virginia hospitals.
- 7th-lowest spending per Medicare beneficiary (0.90 times the national average) of the 86 Virginia hospitals.



• • • Hospital Finance 101



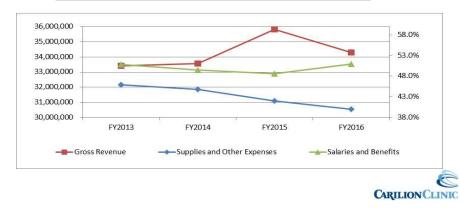
Reimbursement Mix (Payer Mix)





Patient Value – YTD Expense as % of Net Revenue

I	October YTD		
	<u>Actual</u>	FY Plan	Full Year PY
Salaries and Benefits	51.0%	49.1%	48.6%
Supplies and Other Expenses	40.0%	42.9%	42.1%



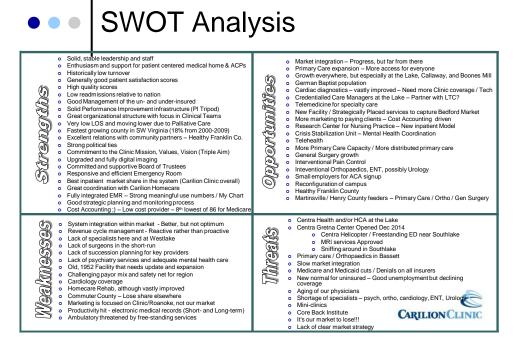
Monthly Operating Margin Trend; (Last 5 FY's)

CARILION CLINIC

Carilion Franklin Memorial Hospital Operating Margin: 5 Year History

Carilion Franklin Memorial Hospital FY11 - FY15 Operating Income





Pillars Driving Reporting						
ENVIRONMENT / INFRASTRUCTURE	Changes in financial payments, technology, trends, and so forth.					
SERVICE	Scores and information relating to satisfaction levels of various groups: patients, physicians, and other departments.					
QUALITY	Quality indicators for each department, the goal for each indicator, and the current status of each indicator.					
FINANCE	Information about how both the individual department and entire organization are doing to provide everyone with a useful snapshot of the financial bottom line.					
PEOPLE	Information about new hires, turnover, and overtime. Include ideas to help employees see the impact they, the people in the trenches, have in the department.					
GROWTH	Data on the number of patients being seen and where improvements are needed. Offer suggestions for reducing the number of people who leave the emergency department without being seen or no-shows in outpatient units.					
COMMUNITY	Articles and information showing the impact the organization has in the local community, philanthropically and in other ways. This is also a great place for external environment news.					



How do we get to Vital Franklin County?

- Establish a baseline and where do we want to be
- Develop solid Mission, Values, and Vision statement that can be embraced by all residents – It starts with them!
- Enhance infrastructure to attract and retain large employers (with benefits) for controlled positive growth
- Provide support for existing employers and their growth
- Ensure a solid, innovative school system with broad range of options for students
- Good technical training to support new and existing jobs
- Capitalize on our healthy environment with substantial green space
- Battle Obesity and Substance Abuse



How do we get to Vital Franklin County?

- Work together as a community to accomplish our mission
- Do not ignore the poor and marginalized
 - Their problems/challenges are ours too!
 - Capitalize on our faith and non-profit communities
- Capitalize on the significant wisdom and time of our senior population
- Focus on intergenerational issues to connect our experienced seniors with our eager / bored youth
- Long-range, well-explained revenue plan over time that keeps us affordable, yet provides controlled positive growth





BOS STRATEGIC PLANNING - PRIOR

Linda Ferguson, Facilitator led the Board through the Strategic Planning Update as follows:



Strategic Planning Update – Fall 2015

Welcome: Franklin County Stakeholders

Introductions

- Dr. Linda J. Ferguson
 - ▶ Earned MA in Social Psychology and Ph.D. in Management from Indiana University
 - Completed coach training through Coach Training Alliance; certified in Team Coaching for the Team Advantage program; completed CEUs International Coach Federation (ICF)
 - Author of numerous articles in the journal *Interbeing*, contributor for an edited book, *The Workplace and Spirituality: New Perspectives on Research and Practice*, and a monthly coaching column in *Bella* magazine
 - Author of Path for Greatness: Work as Spiritual Service, and Staying Grounded in Shifting Sand, and numerous articles. She writes a weekly blog on spirituality and work reaching more than 5,000 readers.

What is Strategic Planning

▶ Simply, a set of concepts, procedures, and tools

- Designed to help leaders think & act strategically
- ▶ Helps focus on producing effective decisions and actions that further the organization's mission and satisfies stakeholders

What strategic planning is not

Not a substitute for strategic thinking and acting



Bill Jacobsen Franklin Memorial Hospital







BOS Strategic Planning - Prior November 29, 2012

- Developed "core vision" statements
- ▶ Identified Strategic Outcome Areas
- ▶ Established short-term goals (2-3 years)
- ▶ Environmental Scan

BOS Strategic Planning - Prior Strategic Outcome Areas

Infrastructure
Financial Stability
Managed Growth
Economic Development
Schools
Staffing Needs

Various Board members gave input and feedback as to what they would like to see accomplished ten years ahead in the following focus areas:

INFRASTRUCTURE

County Zoning - Consistent

Upgrade & Fix Extended Water Lines Focusing on Main Arteries

Sewer Systems - County Wide

Broadband & Cell Service County Wide

All Village Centers - Water, Sewer & broadband services

St. Rt's. 220, 40 & 122 (Restricted Access, sight distance widening roads, improve & uniform roads

Access to new Business Park from I-73

Hospital & Medical Care

Expand EMS - Strategically located facilities Better Working Relationship between the Career and Volunteers

Response Times Less than 10 Minutes any area of the County.

Add Firefighting Career Studies & Training in High School & Ferrum College

Annuity for Long Term Volunteers

Focus on interchanges to I-73 Zoning Increased traffic & needs

Manpower to meet the traffic needs should I-73 Come through the County.

Better working relationship between volunteers & paid public safety

FINANCIAL STABILITY

Highest return rental land for public land

Financial Efficiency/Purchasing Policies Efficiency

Tie Financing to Strategic Plan

Smoother progression of Revenue

Revenue Debt Ratio Revenue Spending

Capital Comprehensive Expenditure Plan

Updated and follow Policies to receive BEST Bond rating

Bulk purchase for economy of scale

TIF Financing - Special Tax Districts

MANAGED GROWTH

Targeted Zoning for Villages - Homes, Farms & Industry

Consistent Planning

Complete Village Plans & Revising

Zoning associated with them to meet objectives of those areas

Approve new zoning categories (diversity)

ED's impact on managed growth

Pay Attention to Infrastructure on need & growth

Consistent growth of retiree population

Services grown o par with populations growth

ECONOMNIC DEVELOPMENT

Develop Tourism & Infrastructure

Upgrade/Develop Tourism Sites

Retiree Growth/Zoning Requirements

Promotion/Marketing neutral & historical assets

Bridges

Form a good relationship with the Army Corp of Engineers (and other agencies) and impacting

Tourism & local economy

Vocational Classes in School

Business Park will be up and running within a 10 year period

Event Venues Good number

Enhance & Growing Regional Partnerships

Support a mix of business growth; Size Diversification of business

Water & Sewer, etc. in place

Soft Infrastructure in place Recreation opportunities

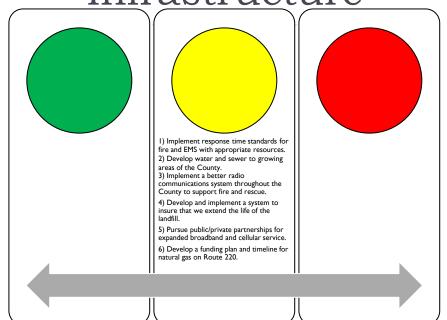
Build on Bedford County Rail Service

Marketing & Promotional

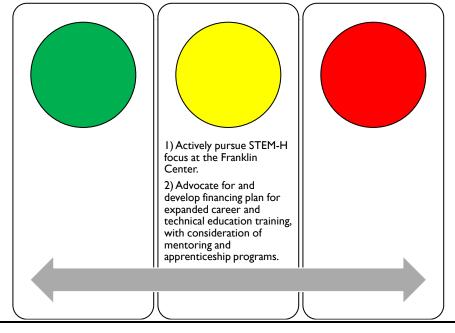
Agribusiness Growth



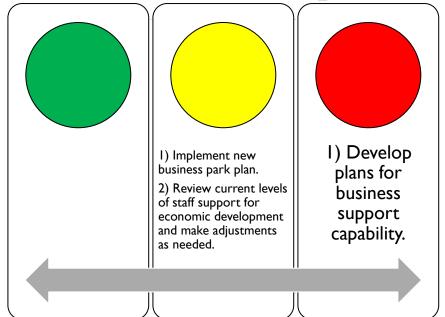
<u>Infrastructure</u>



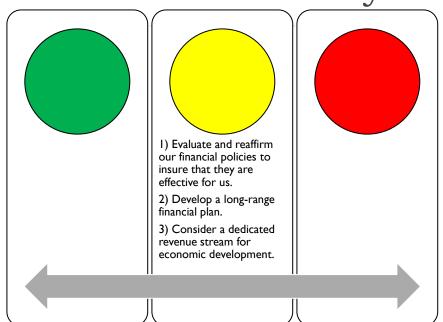
Schools



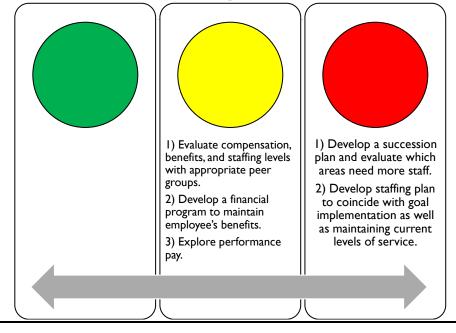
Economic Development



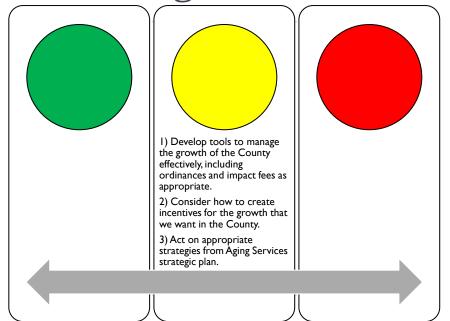
Financial Stability



Staffing Needs



Managed Growth



Leadership

The art of leadership in today's world involves orchestrating the inevitable conflict, chaos, and confusion of change so that the disturbance is productive rather than destructive.

-Harvard Business Review; July-August 09



Roots: County Assets, Resources That Can Grow the Tree

- Transparency
- Accessibility
- Personal relationships within the community
- Fiscal responsibility
- Institutional knowledge
- Professional and dedicated staff
- Efficient and effective use of resources
- Proactive, data driven policies
- Willingness to work with others
- Willing to take calculated risks
- Embracing technology
- Reliability and consistence from the Board
- Comparatively few legal issues

Strategic Focus Areas

Infrastructure
Financial Stability
Managed Growth
Economic Development
Schools
Staffing Needs

Chairman Brubaker recessed the meeting until Thursday, December 3, 2015 @ 1:00 P.M.

CLINE BRUBAKER SHARON K. TUDOR, MMC COUNTY CLERK